



State of Iowa

Enrollment & Change

Health Insurance

COBRA Group

October 29, 2010—November 29, 2010

2011

What's New for 2011

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Special points of interest:

- ♣ Compare plans to pick the right plan for you and your family's needs.
- ♣ See the new rates for 2011
- ♣ Dependent Coverage Expansion
- This year's enrollment and change period for **COBRA** members is from October 29, 2010 through November 29, 2010. Changes made will be effective January 1, 2011.
- During the enrollment and change period, you may switch to any health plan. This includes Program 3 Plus, Deductible 3 Plus, Iowa Select, Blue Access, and Blue Advantage. Blue Access and Blue Advantage are **Managed Care Organizations (MCO's, formerly called HMO's)** and only offer coverage in Iowa, they do cover emergency services outside of Iowa.
- More counties were added to the Blue Access and Blue Advantage MCO Network. The following Iowa counties will now be included: Clay and Des Moines county. The only counties in Iowa not served by the MCO plans are: Allamakee, Dubuque, Fayette, and Winneshiek.
- Federal health care legislation expanding dependent coverage – eligible dependent children may be covered on your health plan through the end of the year in which they turn age 26. A full-time student over the age of 26 must be unmarried in order to be eligible for coverage on your plan.

For more information visit our website at:
www.benefits.iowa.gov
Or contact
Rose Baughman
515-281-8989
Rose.baughman@iowa.gov

Action Required By You

If you want to change your current health insurance plan to a different one, **you must obtain the appropriate application from your former department's Personnel Assistant or from Wellmark.**

Applications to change your health plan must be signed and returned to the Department of Administrative Services-Human Resources Enterprise before **November 29, 2010.**

Please write **"COBRA Group"** on the top of your application.

If you do not want to make any changes to your health insurance,
NO action is required by you.



For More Medical Plan Information

Health Plan	Call
Program 3 Plus (Wellmark BCBS)	1-800-622-0043
Deductible 3 Plus (Wellmark BCBS)	1-800-622-0043
Iowa Select PPO (Wellmark BCBS)	1-800-622-0043
Blue Access (Wellmark BCBS)	1-800-553-7801
Blue Advantage (Wellmark BCBS)	1-800-553-7801

COBRA RATES

EFFECTIVE JANUARY 1, 2011

ALL PREMIUM AMOUNTS ARE MONTHLY

PLAN	SINGLE	FAMILY
Program 3 Plus	\$765.63	\$1,791.58
Deductible 3 Plus	\$769.48	\$1,800.64
Iowa Select	\$762.87	\$1,785.14
Blue Access	\$477.46	\$1,117.25
Blue Advantage	\$459.70	\$1,075.74

IF YOU DO NOT NEED TO MAKE ANY CHANGES TO YOUR HEALTH INSURANCE,
NO ACTION IS REQUIRED